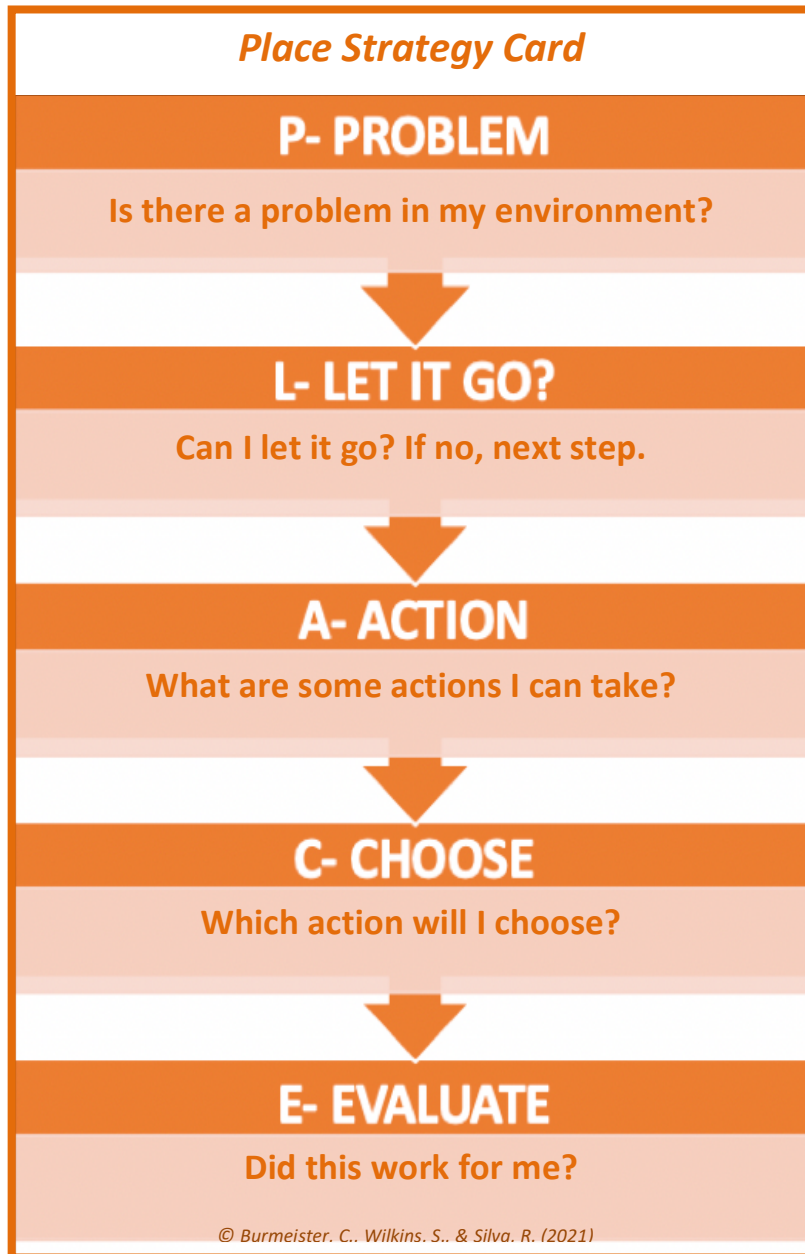


PLACE Strategy Card

Directions: Print pages back-to-back on paper or card stock. After printing, trim the edges and use this 2-sided card as a practical tool for problem solving . Laminate for durability and multiple use.



This resource can be found in:

FLIPP the Switch 2.0: Mastering Executive Function Skills from School to Adult Life, by Carol Burmeister, Sheri Wilkins, and Rebecca Silva. Published in 2021, by AAPC Publishing, Shawnee, KS.

<https://www.aapcautismbooks.com/products/flipp-2-0>

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Directions for Learners

When and How to Use PLACE

You can use the PLACE process independently when you feel challenged by situations in the school environment. Choose a place to keep the PLACE card such as:

- **in your reminder binder or a folder in your backpack,**
- **on your electronic device,**
- **in a spot in your class or other place with easy access.**

When you feel stressed or anxious because of something negative about the environment, use the *PLACE Strategy* by answering the questions on the card. You can write your answers down or just think it through.

After you use the strategy, it's a good idea to debrief with your teacher so you both are aware of the problem and the actions that solved the problem for you.

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Adult Life. Shawnee, KS: AAPC Publishing.

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